

**FREE**  
help for  
frustrated  
parents

# PARENTING EXPLOSIVE KIDS VIA ZOOM

Does your child:

- Show extreme behaviour?
- Have intense temper tantrums?
- Refuse to do what they are asked?
- Use verbal and physical aggression?

Parenting Explosive Kids shows parents how:

- To identify the child's concerns and triggers that cause the behaviour,
- To teach the child coping skills and
- To find workable solutions that satisfy both parent and child and lessen the likelihood of negative behaviour

**WHEN: 3 x Mondays 5th, 12th & 19th August 2024**

**TIME: 10am to 1pm**

**WHERE: Via Zoom**

**COST: FREE**

**For more information please call  
Pedro on 6738 7200 or to register 1800 372 826**



**FAMILY**  
RELATIONSHIP CENTRE  
HELPING FAMILIES BUILD BETTER RELATIONSHIPS



An Australian Government Initiative



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*Rural Resilience*

THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE